



THE Falls River Village Lifestyle



FALLS RIVER
ASSISTED LIVING & MEMORY CARE

Like Us!  

ASSISTED LIVING COMMUNITY

1110 Falls River Avenue • Raleigh, NC 27614 • (919) 805-3113 • www.fallsriverseniorliving.com

A Note From Your Executive Director

June arrives with growth, renewal and celebration. Nature is inviting us to connect with its beauty, and we hope that you will enjoy the courtyards.

Nurturing also has to do with our well-being and personal growth. We should set intentional time to relax and reflect on ourselves. We will be starting a new group for residents called Chat with Tiff. This group is designed to help support residents who may need support as life gets challenging as we get older. The first Chat will be on Tuesday, June 17th at 2 pm.

Our quarterly Family Forum meeting will be in June; the invite for the day and time will be sent via email. This is an open forum for family members to meet with the Executive Director to share ideas, concerns, and praises for staff members.

We will be hosting a Father's Day luncheon for the men in our community. Invitations will be sent to family.



JUNE 2025



A Note From Our Maintenance Director

I want to introduce myself to all the new residents and their families. My name is Joseph DeWeese, and I am the Director of Maintenance for Falls River Village and Falls River Court. I am the direct supervisor for both housekeeping and maintenance. I have been in the assisted living and memory care industry for a little over two years. I have found that working in this industry is very rewarding as I am able to assist with our residents' needs. If you have any maintenance or housekeeping concerns, please reach out to concierge and give them a description of the concern and a work order will be created, and someone will get it resolved as soon as possible. My email if you would like to email me is

jdeweese@tarantinoseniorliving.com. This month we will be doing some preventative maintenance on the in-room heating and cooling units in all the resident rooms. If you have any questions, please feel free to reach out.

Thanks.

JUNE 2025

Transportation News
2025 Updates in
Transportation

Mondays and Fridays—Are
Reserved for Emergency
appointments only

Tuesday and Wednesdays—
Available for doctor’s visits
for Falls River Village and
Court Residents

Thursdays—Reserved for
Falls River Village and Court
outings

NOTE: There is a 15-mile
radius on all appointments
one way.

Posture Check




When you find yourself
standing in line, reduce stress
on your back by slightly
bending your knees rather
than locking them. Shifting
position, side to side and
forward and backward, will
help prevent muscle strain.

Brainteaser

Question: I have no arms and
no legs, and yet I move the
earth. What am I?
Answer: An earthworm.

“The most wasted of days is
one without laughter.”
—E.E. Cummings

Activities Subject to Change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>1</div> <div>9:45 -Sharing Words of Encouragement (GAL)</div> <div>11:00 -Hayes Barton Baptist Church Livestream (LR)</div> <div>1:00 -Faithful Friends Fellowship (LR)</div> <div>2:30 -Walking for Wellness, Self-Guided</div> <div>3:00 -Halmark Movie Matinee (LR)</div>	<div>2</div> <div>9:15 -Walking for Wellness (Self-Guided)</div> <div>9:45 -Sharing Words of Encouragement (GAL)</div> <div>10:30 -Zumba with Linda (LR)</div> <div>1:00 -BINGO (GAL)</div> <div>1:00 -Pet Therapy with Catherine</div> <div>2:00 -Music with Luke (LR)</div> <div>3:00 -Word Search & Brain Teaser (GAL)</div>	<div>3</div> <div>9:15 -Walking for Wellness (Self-Guided)</div> <div>9:45 -Sharing Words of Encouragement (GAL)</div> <div>10:30 -Movin’ to the Music (LR)</div> <div>10:30 -Resident Council Meeting (GAL)</div> <div>2:30 -Ice Cream Social (GAL)</div> <div>3:00 -Pet Therapy with Denise</div>	<div>4</div> <div>9:15 -Walking for Wellness (Self-Guided)</div> <div>9:45 -Sharing Words of Encouragement (GAL)</div> <div>10:30 -Body Stretches (LR)</div> <div>1:00 -BINGO (GAL)</div> <div>2:00 -Music with John (LR)</div>	<div>5</div> <div>9:15 -Walking for Wellness (Self-Guided)</div> <div>9:45 -Sharing Words of Encouragement (GAL)</div> <div>10:30 -Movin’ to the Music (LR)</div> <div>2:00 -Dining Chat with Chelsea (GAL)</div> <div>3:00 -Word Search (GAL)</div>	<div>6</div> <div>9:15 -Walking for Wellness (Self-Guided)</div> <div>9:45 -Sharing Words of Encouragement (GAL)</div> <div>10:30 -Body Stretches (LR)</div> <div>11:30 -Jammin’ with Christian (LR)</div> <div>1:00 -BINGO (GAL)</div> <div>2:30 -1st Friday Happy Hour Social (GAL)</div>	<div>7</div> <div>9:45 -Sharing Words of Encouragement (GAL)</div> <div>10:30 -Morning Movement (LR) Self-Guided</div> <div>1:30 -Activity with a Friend (Self-Guided)</div>
<div>8</div> <div>9:45 -Sharing Words of Encouragement (GAL)</div> <div>11:00 -Hayes Barton Baptist Church Livestream (LR)</div> <div>2:30 -Walking for Wellness, Self-Guided</div>	<div>9</div> <div>9:15 -Walking for Wellness (Self-Guided)</div> <div>9:45 -Sharing Words of Encouragement (GAL)</div> <div>10:30 -Zumba with Linda (LR)</div> <div>1:00 -BINGO (GAL)</div> <div>1:00 -Pet Therapy with Catherine</div> <div>2:30 -Creative Art, Making Paper Flowers (GAL)</div>	<div>10</div> <div>9:15 -Walking for Wellness (Self-Guided)</div> <div>9:45 -Sharing Words of Encouragement (GAL)</div> <div>10:30 - Chair Aerobics (LR)</div> <div>1:30 -Bible Trivia (LR)</div> <div>2:30 -Ice Cream Social (Courtyard)</div>	<div>11</div> <div>9:15 -Walking for Wellness (Self-Guided)</div> <div>9:30 -Forget Me Not Support Group (GAL)</div> <div>9:45 -Sharing Words of Encouragement (GAL)</div> <div>1:00 -BINGO (GAL)</div> <div>2:00 -Music with John (LR)</div>	<div>12</div> <div>9:15 -Walking for Wellness (Self-Guided)</div> <div>9:45 -Sharing Words of Encouragement (GAL)</div> <div>1:15 --NC Museum of Art, Raleigh NC</div> <div>3:00 -Word Search (GAL)</div>	<div>13</div> <div>9:15 -Walking for Wellness (Self-Guided)</div> <div>9:45 -Sharing Words of Encouragement (GAL)</div> <div>10:00 -Pet Therapy w/ Brenda</div> <div>1:00 -BINGO (GAL)</div> <div>2:30 -Creative Art Resident Choice (GAL)</div>	<div>14</div> <div>9:45 -Sharing Words of Encouragement (GAL)</div> <div>10:30 -Morning Movement (LR) Self-Guided</div> <div>1:30 -Activity with a Friend (Self-Guided)</div>
<div>15</div> <div>Happy Father’s Day</div> <div>9:45 -Sharing Words of Encouragement (GAL)</div> <div>11:00 -Hayes Barton Baptist Church Livestream (LR)</div> <div>1:00 -Faithful Friends Fellowship (LR)</div> <div>2:30 -Walking for Wellness, Self-Guided</div>	<div>16</div> <div>9:15 -Walking for Wellness (Self-Guided)</div> <div>9:45 -Sharing Words of Encouragement (GAL)</div> <div>10:30 -Zumba with Linda (LR)</div> <div>1:00 -BINGO (GAL)</div> <div>1:00 -Pet Therapy with Catherine</div> <div>3:00 -Popcorn & A Movie /“Three Men and a Baby” (LR)</div>	<div>17</div> <div>9:15 -Walking for Wellness (Self-Guided)</div> <div>9:45 -Sharing Words of Encouragement (GAL)</div> <div>10:30 -Movin’ to the Music (LR)</div> <div>11:00 -Pet Therapy with Denise</div> <div>2:30 -Ice Cream Social (GAL)</div>	<div>18</div> <div>9:15 -Walking for Wellness (Self-Guided)</div> <div>9:45 -Sharing Words of Encouragement (GAL)</div> <div>10:30 -Body Stretches (LR)</div> <div>1:00 -BINGO (GAL)</div> <div>2:00 -Music with John (LR)</div>	<div>19</div> <div>Juneteenth</div> <div>9:15 -Walking for Wellness (Self-Guided)</div> <div>9:45 -Sharing Words of Encouragement (GAL)</div> <div>10:30 -Movin’ to the Music (LR)</div> <div>3:00 -Word Search (GAL)</div> <div>4:00 -Movercize with Rich</div>	<div>20</div> <div>9:15 -Walking for Wellness (Self-Guided)</div> <div>9:45 -Sharing Words of Encouragement (GAL)</div> <div>10:30 -Body Stretches (LR)</div> <div>1:00 -BINGO (GAL)</div>	<div>21</div> <div>Longest Day of the Year</div> <div>9:45 -Sharing Words of Encouragement (GAL)</div> <div>10:30 -Morning Movement (LR) Self-Guided</div> <div>1:30 -Activity with a Friend (Self-Guided)</div> <div>3:00 -Walking for Wellness (Self-Guided)</div>
<div>22</div> <div>9:45 -Sharing Words of Encouragement (GAL)</div> <div>11:00 -Hayes Barton Baptist Church Livestream (LR)</div> <div>2:30 -Walking for Wellness, Self-Guided</div>	<div>23</div> <div>9:15 -Walking for Wellness (Self-Guided)</div> <div>9:45 -Sharing Words of Encouragement (GAL)</div> <div>10:30 -Zumba with Linda (LR)</div> <div>1:00 -BINGO (GAL)</div> <div>1:00 -Pet Therapy with Catherine</div> <div>2:45 Creative Art, Paint & Pour (GAL)</div>	<div>24</div> <div>9:15 -Walking for Wellness (Self-Guided)</div> <div>9:45 -Sharing Words of Encouragement (GAL)</div> <div>10:30 -Morning Movement (LR)</div> <div>1:30 -Board Games (GAL)</div> <div>2:30 -Ice Cream Social (GAL)</div>	<div>25</div> <div>9:15 -Walking for Wellness (Self-Guided)</div> <div>9:45 -Sharing Words of Encouragement (GAL)</div> <div>1:00 -BINGO (GAL)</div> <div>2:00 -Music with John (LR)</div>	<div>26</div> <div>9:15 -Walking for Wellness (Self-Guided)</div> <div>9:45 -Sharing Words of Encouragement (GAL)</div> <div>2:00 -Cook’s Corner w/ Chelsea</div> <div>3:00 -Word Search (GAL)</div>	<div>27</div> <div>9:15 -Walking for Wellness (Self-Guided)</div> <div>9:45 -Sharing Words of Encouragement (GAL)</div> <div>10:00 -Pet Therapy with Brenda</div> <div>1:00 -BINGO (GAL)</div>	<div>28</div> <div>9:45 -Sharing Words of Encouragement (GAL)</div> <div>10:30 -Morning Movement (LR) Self-Guided</div> <div>1:30 -Activity with a Friend (Self-Guided)</div> <div>3:00 -Walking for Wellness (Self-Guided)</div>
<div>29</div> <div>9:45 -Sharing Words of Encouragement (GAL)</div> <div>11:00 -Hayes Barton Baptist Church Livestream (LR)</div> <div>1:00 -Faithful Friends Fellowship (LR)</div> <div>2:30 -Walking for Wellness, Self-Guided</div>	<div>30</div> <div>9:15 -Walking for Wellness (Self-Guided)</div> <div>9:45 -Sharing Words of Encouragement (GAL)</div> <div>10:30 -Zumba with Linda (LR)</div> <div>1:00 -BINGO (GAL)</div> <div>1:00 -Pet Therapy with Catherine</div> <div>2:45 -Movie Matinee, Residents’ Choice</div>					



Katherine C.-----June 4
 Glenn M.-----June 7
 Gwen B.-----June 13
 Betty A.-----June 14



Long May It Wave

Millions of Americans now celebrate Flag Day on June 14, but it was a holiday that took a while to get officially established. Students and adults had honored the anniversary of the 1777 Flag Resolution with state and local celebrations for several decades before June 14 was established as Flag Day by Woodrow Wilson's presidential proclamation in 1916. It was not until Aug. 3, 1949, that President Harry Truman signed the act of Congress designating June 14 of each year as National Flag Day.



- **Executive Director**
Barbara Riexinger
 - **Assisted Living Director**
Tiffany Utley
 - **Business Office Director**
Caroline Mbithi
 - **Maintenance Director**
Joseph DeWeese
 - **Activities Director**
Adriana (Michelle) Moore
 - **Food Service Director**
Chelsea Jacobs
 - **Sales & Marketing Director**
Virginia (Ginger) Dawson
 - **Resident Care Coordinator**
Angel White
 - **Memory Care Coordinator**
Reshonda Alston
 - **Maintenance Assistant**
Eric Parson
 - **Activity Assistant**
Allanzandrea (Alex) Watkins
 - **Bus Driver**
Randolph (Randy) Fairconeture
- *****

If you would like to speak to one of these Team Members, please contact the front desk at 919-844-9747.

If you would like to email a manager,
 please use this format:
 first initial of first name, last name @
 tarantinoseniorliving.com
 (example: briexinger@tarantinoseniorliving.com)

