

THE Falls River Village Lifestyle



FALLS RIVER
ASSISTED LIVING & MEMORY CARE

Like Us!  

ASSISTED LIVING COMMUNITY

1110 Falls River Avenue • Raleigh, NC 27614 • (919) 805-3113 • www.fallsriverseniorliving.com

AUGUST 2025

Administrator's Corner

Halfway through 2025 - Thank You for Choosing Us

It is hard to believe that we have already reached the midpoint of 2025. As we reflect on the year so far, one thing is clear; none of this would be possible without you. Thank you for choosing our communities as your new home.

Hot Summer Months -

As a reminder, if the weather is of extreme heat or as the weatherman says "**Feels Like,**" our patios will be closed. This is for the safety of our residents, as sometimes we don't often think of drinking enough water when outside in the heat.

National Assisted Living Week

We are excited that National Assisted Living Week is coming up in September. The theme for this year is "Capture the Moment." We are in the planning stages of a week full of fun.

A Note From the Activities Team

Ready for changes in Activities? The new programs and events will stimulate your mind and activate your body, stay tuned ...



We are so honored to have the following employees be awardees of our new **STAR** program. This program is to honor employees that go above and beyond in their work. Reach for the **STARS** is our monthly employee award system to honor those that have been voted for by their peers, resident or families. In order to be considered for nomination you have to exemplify in the following areas: S - Safety, T - Trustworthy, A - Accepting, R - Respectful, S - Service. The following employees were awarded for May and June 2025. For **Falls River Court** - May was Jemie J. our Concierge, June was Eric O., Maintenance Assistant. For **Falls River Village** - May was Utavia M. and June was Randy F.



AUGUST 2025

Transportation News
2025 Updates in
Transportation

Mondays and Fridays—Are
Reserved for Emergency
appointments only

Tuesday and Wednesdays—
Available for doctor’s visits
for Falls River Village and
Court Residents

Thursdays—Reserved for
Falls River Village and Court
outings

NOTE: There is a 15-mile
radius on all appointments
one way.

Life’s a Peach

The peach, that sweet
summer fruit, has long been a
way to describe someone or
something lovely—think
“You’re a peach!” or “Things
are just peachy.” The 1950s
brought the fun phrase
“peachy keen,” and an idyllic
existence is sometimes called
“peaches and cream”—as in
“Life is not always peaches
and cream.” Get a true taste
of what these words are all
about by enjoying some fresh
peaches this month. You may
find the experience just
peachy!

“Life is like riding a bicycle.
To keep your balance, you
must keep moving.”
—Albert Einstein

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<div>1</div> <div>9:15 -Walking for Wellness (Self-Guided) 9:45 -Sharing Words of Encouragement (LR) 10:30 -Body Stretches (LR) 11:30 -Jammin’ with Christian (LR) 1:00 -BINGO (GAL) 2:30 -1st Friday Happy Hour Social (GAL)</div>	<div>2</div> <div>9:45 -Sharing Words of Encouragement (LR) 10:30 -Morning Movement (LR) Self-Guided 1:30 -Activity with a Friend (Self-Guided) 3:00 -Walking for Wellness (Self-Guided)</div>
<div>3</div> <div>9:45 -Sharing Words of Encouragement (LR) 11:00 -Hayes Barton Baptist Church Livestream (LR) 2:30 -Walking for Wellness, Self-Guided 3:00 Board Games, Self-Guided (GAL)</div>	<div>4</div> <div>9:15 -Walking for Wellness (Self-Guided) 9:45 -Sharing Words of Encouragement (LR) 10:30 -Zumba with Linda (LR) 11:00 --Board Games (GAL) 1:00 -BINGO (GAL) 1:00 -Pet Therapy with Catherine 2:00 -Music with Luke (LR)</div>	<div>5</div> <div>9:15 -Walking for Wellness (Self-Guided) 9:45 -Sharing Words of Encouragement (LR) 10:30 -Resident Council Meeting (GAL) 1:30 Creative Art, Summer Jewelry Class (GAL) 2:30 -Ice Cream Social (GAL) 3:00 -Pet Therapy with Denise</div>	<div>6</div> <div>9:15 -Walking for Wellness (Self-Guided) 9:45 -Sharing Words of Encouragement (LR) 1:00 -BINGO (GAL) 2:00 -Music with John (LR) 3:00 --Word Search (GAL)</div>	<div>7</div> <div>9:15 -Walking for Wellness (Self-Guided) 9:45 -Sharing Words of Encouragement (LR) 10:30 -Morning Movement (LR) 2:00 -Dining Chat with Chelsea (GAL) 3:00 -Word Scrabble (GAL)</div>	<div>8</div> <div>9:15 -Walking for Wellness (Self-Guided) 9:45 -Sharing Words of Encouragement (LR) 10:00 -Pet Therapy w/ Brenda 10:30 -Chair Aerobics (LR) 1:00 -BINGO (GAL) 2:30 --Creating Crafty Things (GAL)</div>	<div>9</div> <div>9:45 -Sharing Words of Encouragement (LR) 10:30 -Morning Movement (LR) Self-Guided 1:30 -Activity with a Friend (Self-Guided) 3:00 -Walking for Wellness (Self-Guided)</div>
<div>10</div> <div>9:45 -Sharing Words of Encouragement (LR) 11:00 -Hayes Barton Baptist Church Livestream (LR) 1:00 -Faithful Friends Fellowship (LR) 2:30 -Walking for Wellness, Self-Guided</div>	<div>11</div> <div>9:15 -Walking for Wellness (Self-Guided) 9:45 -Sharing Words of Encouragement (LR) 10:30 -Zumba with Linda (LR) 1:00 -BINGO (GAL) 1:00 -Pet Therapy with Catherine 2:30 -Creative Foods, Making Parfaits (GAL)</div>	<div>12</div> <div>9:15 -Walking for Wellness (Self-Guided) 9:45 -Sharing Words of Encouragement (LR) 10:30 -Select Fitness Workout (LR) 1:30 -Resident Round table Talk (GAL) 2:30 -Team Charades (GAL)</div>	<div>13</div> <div>9:15 -Walking for Wellness (Self-Guided) 9:30 -Forget Me Not Support Group (GAL) 9:45 -Sharing Words of Encouragement (LR) 10:30 -Body Stretches (LR) 1:00 -BINGO (GAL) 2:00 -Music with John (LR) 3:00 -In the News (LR)</div>	<div>14</div> <div>9:15 -Walking for Wellness (Self-Guided) 9:45 -Sharing Words of Encouragement (LR) 1:15 -Resident Outing, Walmart ✓ 3:00 -Word Scrabble (GAL)</div>	<div>15</div> <div>9:15 -Walking for Wellness (Self-Guided) 9:45 -Sharing Words of Encouragement (LR) 10:30 -Body Stretches (LR) 1:00 -BINGO (GAL) 2:30 -Do you Recall Game (LR)</div>	<div>16</div> <div>9:45 -Sharing Words of Encouragement (LR) 10:30 -Morning Movement (LR) Self-Guided 1:30 -Activity with a Friend (Self-Guided) 3:00 -Walking for Wellness (Self-Guided)</div>
<div>17</div> <div>9:45 -Sharing Words of Encouragement (LR) 11:00 -Hayes Barton Baptist Church Livestream (LR) 2:30 -Walking for Wellness, Self-Guided 3:00 Hallmark Afternoon Movie (LR)</div>	<div>18</div> <div>9:15 -Walking for Wellness (Self-Guided) 9:45 -Sharing Words of Encouragement (LR) 10:30 -Zumba with Linda (LR) 1:00 -BINGO (GAL) 1:00 -Pet Therapy with Catherine 2:30 -Popcorn and A Movie “The Blues Brothers” (LR)</div>	<div>19</div> <div>9:15 -Walking for Wellness (Self-Guided) 9:45 -Sharing Words of Encouragement (LR) 10:30 -Select Fitness Workout (LR) 11:00 - A Talk with Tiff (GAL) 11:00 -Pet Therapy with Denise 1:30 Creative Art, Summer Jewelry Class (GAL) 2:30 -Ice Cream Social (GAL)</div>	<div>20</div> <div>9:15 -Walking for Wellness (Self-Guided) 9:45 -Sharing Words of Encouragement (LR) 10:30 -Morning Aerobics (LR) 1:00 -BINGO (GAL) 2:00 -Music with John (LR) 3:00 -Trivia of the States (LR)</div>	<div>21</div> <div>9:15 -Walking for Wellness (Self-Guided) 9:45 -Sharing Words of Encouragement (LR) 10:30 -Mindfulness & Meditation (LR) 3:00 -Word Scrabble (GAL) 4:00 -Movercize with Rich</div>	<div>22</div> <div>9:15 -Walking for Wellness (Self-Guided) 9:45 -Sharing Words of Encouragement (LR) 10:00 -Pet Therapy with Brenda 1:00 -BINGO (GAL) 2:30 -Hot Tea Social (GAL)</div>	<div>23</div> <div>9:45 -Sharing Words of Encouragement (LR) 10:30 -Morning Movement (LR) Self-Guided 1:30 -Activity with a Friend (Self-Guided) 3:00 -Walking for Wellness (Self-Guided)</div>
<div>24</div> <div>9:45 -Sharing Words of Encouragement (LR) 11:00 -Hayes Barton Baptist Church Livestream (LR) 1:00 -Faithful Friends Fellowship (LR) 2:30 -Walking for Wellness, Self-Guided</div>	<div>25</div> <div>9:15 -Walking for Wellness (Self-Guided) 9:45 -Sharing Words of Encouragement (LR) 10:30 -Zumba with Linda (LR) 1:00 -BINGO (GAL) 1:00 -Pet Therapy with Catherine 2:30 -Bible Trivia Game (LR)</div>	<div>26</div> <div>9:15 -Walking for Wellness (Self-Guided) 9:45 -Sharing Words of Encouragement (LR) 10:30 -Select Fitness Workout (LR) 2:00 Afternoon Tea Social Hour (GAL)</div>	<div>27</div> <div>9:15 -Walking for Wellness (Self-Guided) 9:45 -Sharing Words of Encouragement (LR) 10:30 -Body Stretches (LR) 1:00 -BINGO (GAL) 2:00 -Music with John (LR) 3:15 -On this day in History (GAL)</div>	<div>28</div> <div>9:15 -Walking for Wellness (Self-Guided) 9:45 -Sharing Words of Encouragement (LR) 1:30 -Resident Outing, Coldstone Ice Cream ✓ 2:00 -Cook’s Corner w/ Chelsea 3:00 -Word Scrabble (GAL)</div>	<div>29</div> <div>9:15 -Walking for Wellness (Self-Guided) 9:45 -Sharing Words of Encouragement (LR) 10:30 -Body Stretches (LR) 1:00 -BINGO (GAL) 2:30 -August Birthday Celebration (GAL)</div>	<div>30</div> <div>9:45 -Sharing Words of Encouragement (LR) 10:30 -Morning Movement (LR) Self-Guided 1:30 -Activity with a Friend (Self-Guided) 3:00 -Walking for Wellness (Self-Guided)</div>
<div>31</div> <div>9:45 -Sharing Words of Encouragement (LR) 11:00 -Hayes Barton Baptist Church Livestream (LR) 2:30 -Walking for Wellness, Self-Guided 3:30 -Activity with A friend (GAL)</div>						

Food Days in August



August National Food Days

If you're looking for an excuse to indulge in some tasty treats, look no further.

August 1st---Raspberry crème pie
August 2nd--Ice cream sandwich
August 3rd--Watermelon
August 4th--Chocolate chip cookies
August 6th--Root beer float
August 10th--S'mores
August 13th--Filet
August 16th--Bratwurst
August 19th--Potato
August 24th--Waffles



Mary Ellen B-----August 9
Phyllis W-----August 14



- **Executive Director**
Barbara Riexinger
 - **Assisted Living Director**
Tiffany Utley
 - **Business Office Director**
Caroline Mbithi
 - **Maintenance Director**
Joseph DeWeese
 - **Activities Director**
Adriana (Michelle) Moore
 - **Food Service Director**
Chelsea Jacobs
 - **Sales & Marketing Director**
Virginia (Ginger) Dawson
 - **Resident Care Coordinator**
Angel White
 - **Memory Care Coordinator**
Reshonda Alston
 - **Maintenance Assistant**
Eric Parson
 - **Activity Assistant**
Allanzandrea (Alex) Watkins
 - **Bus Driver**
Randolph (Randy) Fairconeture
- *****

If you would like to speak to one of these Team Members, please contact the front desk at 919-844-9747.

If you would like to email a manager, please use this format:
first initial of first name, last name @
tarantinoseniorliving.com
(example: briexinger@tarantinoseniorliving.com)

