



THE Falls River Village Lifestyle



FALLS RIVER
ASSISTED LIVING & MEMORY CARE

Like Us!  

ASSISTED LIVING COMMUNITY

1110 Falls River Avenue • Raleigh, NC 27614 • (919) 805-3113 • www.fallsriverseniorliving.com



Fire Preparedness

I would like to thank everyone for your participation during our annual fire evacuation drill. We understand that this isn't the most pleasant event, however it helps us know where to improve if there was ever a true emergency and we needed to evacuate.

We are constantly working with our fire suppression team to make sure our system is at its best. Whenever an alarm does go off, please stay where you are so staff can easily give direction on why the alarms are going off. If we need to evacuate the building, please remember to stay calm and staff will be with you as soon as possible to give directions. Please remember to stay calm. Reduced panic during an emergency helps think clearly and make the best decisions as well as reducing chaos, which can increase the risk of accidents and injuries.



Congratulations

Our Reach for the S.T.A.R.S. winners for August:
Falls River Court - Danielle Lewis
Falls River Village - Isha Thompson

SEPTEMBER 2025



NATIONAL ASSISTED LIVING WEEK® • SEP 7-13, 2025

Assisted Living Week September 7th -13th

The theme "Ageless Adventure" emphasizes the vibrant and enriching experiences that assisted living communities offer to their residents. It encourages individuals to embrace discovery, joy and spirit of exploration at any age. This theme highlights the idea that life's adventures continue to evolve, regardless of age, and promotes activities that reflect creativity, connection, and a fearless outlook on aging. Join us for a fun week of activities with residents and staff.

Join us for our Family Event on Friday, September 12th. The event will be outdoors with music, food, and vintage cars. Invite will be sent via email.

SEPTEMBER
2025

Transportation Information
[Read All about It!](#)

Mondays and Fridays—Are Reserved for Emergency appointments only

Tuesday and Wednesdays—Available for doctor’s visits for Falls River Village and Court Residents

Thursdays—Reserved for Falls River Village and Court outings

NOTE: There is a 15-mile radius on all appointments one way.

Fall Into
September

The first day of fall, also called the autumnal equinox, arrives Sept. 22. It’s one of two days during the year (the other being the first day of spring) that bring nearly equal hours of day and night, about 12 hours. The word equinox means “equal night” in Latin. For us in the Northern Hemisphere, the days will then grow shorter as the sun starts rising later and setting earlier.

“Some people look for a beautiful place. Others make a place beautiful.”
—Hazrat Inayat Khan

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	Labor Day 1 9:15 -Walking for Wellness (Self-Guided) 9:45 -Sharing Words of Encouragement (GAL) 10:30 -Zumba with Linda (LR) 1:00 -BINGO (GAL) 2:00 -Music with Luke (LR) 3:30 -Board Games (GAL)	2 9:15 -Walking for Wellness (Self-Guided) 9:45 -Sharing Words of Encouragement (GAL) 10:30 -Resident Council Meeting (GAL) 2:00  -Sharing with Seniors (LR)	3 9:15 -Walking for Wellness (Self-Guided) 9:45 -Sharing Words of Encouragement (GAL) 10:30 -Mindfulness & Meditation (LR) 11:00 -Deal or No Deal (LR) 1:00 -BINGO (GAL) 2:00 -Music with John (LR)	4 9:15 -Walking for Wellness (Self-Guided) 9:45 -Sharing Words of Encouragement (GAL) 10:30 -Select Rehab Workout (LR) 2:00  -Dining Chat with Chelsea (GAL) 3:30 -Word Scrabble (GAL)	5 9:15 -Walking for Wellness (Self-Guided) 9:45 -Sharing Words of Encouragement (GAL) 10:30  -Get Fit Exercise Class (LR) 11:00 -Sitcom, All in the Family) (LR) 11:30 -Jammin' with Christian (LR) 1:00 -BINGO (GAL) 2:30 -1st Friday Happy Hour Social (GAL)	6 10:30 -Morning Movement (LR) Self-Guided 11:00 -Happy Days Sitcom (LR) 1:30 -Activity with a Friend (Self-Guided) 2:00 Board Games Fun (GAL) 3:00 -Walking for Wellness (Self-Guided)	
	7 11:00 -Hayes Barton Baptist Church Livestream (LR) 1:00 -Faithful Friends Fellowship (LR) 2:30 -Walking for Wellness, Self-Guided 3:00 Board Games, Self-Guided (GAL)	8 9:15 -Walking for Wellness (Self-Guided) 9:45 -Sharing Words of Encouragement (GAL) 10:30 -Zumba with Linda (LR) 1:00 -BINGO (GAL) 3:00  -Charades Game (GAL)	9 9:15 -Walking for Wellness (Self-Guided) 9:45 -Sharing Words of Encouragement (GAL) 10:30  -Select Rehab Workout (LR) 11:00 -The Price is Right (LR) 3:30 -Figure it out Word Game (GAL)	10 9:15 -Walking for Wellness (Self-Guided) 9:30  -Forget Me Not Support Group (GAL) 9:45 -Sharing Words of Encouragement (GAL) 10:30 -Body Stretches (LR) 1:00 -BINGO (GAL) 2:00 -Music with John (LR)	11 9:15 -Walking for Wellness (Self-Guided) 9:45 -Sharing Words of Encouragement (GAL) 11:00  -Resident Men's Outing, NC Farmer's Market Restaurant ✓ 3:30 -Word Scrabble (GAL)	12 9:15 -Walking for Wellness (Self-Guided) 9:45 -Sharing Words of Encouragement (GAL) 10:00 -Pet Therapy w/ Brenda 10:30 -Body Stretches (LR) 10:30  -Get Fit Exercise Class (LR) 1:00 -BINGO (GAL) 2:30 -Popcorn & A Movie "Footloose"	13 10:30 -Morning Movement (LR) Self-Guided 1:30 -Activity with a Friend (Self-Guided) 3:00 -Walking for Wellness (Self-Guided) 3:30 -Hallmark Movie Matinee (LR)
	14 11:00 -Hayes Barton Baptist Church Livestream (LR) 2:30 -Walking for Wellness, Self-Guided 3:30 Activity with a Friend (GAL)	15 9:15 -Walking for Wellness (Self-Guided) 9:45 -Sharing Words of Encouragement (GAL) 10:30 -Zumba with Linda (LR) 1:00 -BINGO (GAL) 3:00  -Charades Game (GAL)	16 9:15 -Walking for Wellness (Self-Guided) 9:45 -Sharing Words of Encouragement (GAL) 10:30  -Select Rehab Workout (LR) 11:00 - A Talk with Tiff (GAL) 1:30 -Board Games (GAL) 2:30 -Ice Cream Social (GAL)	17 9:15 -Walking for Wellness (Self-Guided) 9:45 -Sharing Words of Encouragement (GAL) 10:30 -Morning Get Fit (LR) 1:00 -BINGO (GAL) 2:00 -Music with John (LR)	18 9:15 -Walking for Wellness (Self-Guided) 9:45 -Sharing Words of Encouragement (GAL) 10:30 -Happy Days Sitcom (LR) 2:00 -Tea Talk (GAL) 3:30 -Word Scrabble (GAL) 4:00 -Movercize with Rich	19 9:15 -Walking for Wellness (Self-Guided) 9:45 -Sharing Words of Encouragement (GAL) 10:30  -Get Fit Exercise Class (LR) 11:00 -Sitcom, Lavern & Shirley (LR) 1:00 -BINGO (GAL) 2:30 -Bible Trivia (LR)	20 10:30 -Morning Movement (LR) Self-Guided 1:30 -Activity with a Friend (Self-Guided) 3:00 -Walking for Wellness (Self-Guided)
	21 11:00 -Hayes Barton Baptist Church Livestream (LR) 1:00 -Faithful Friends Fellowship (LR) 2:30 -Walking for Wellness, Self-Guided	22 9:15 -Walking for Wellness (Self-Guided) 9:45 -Sharing Words of Encouragement (GAL) 10:30 -Zumba with Linda (LR) 1:00 -BINGO (GAL) 3:00  -Charades Game (GAL)	23 9:15 -Walking for Wellness (Self-Guided) 9:45 -Sharing Words of Encouragement (GAL) 10:30  -Select Rehab Workout (LR) 11:00 -Trivia Quest 1:30  -Cooking up a tasty Treat (GAL) 3:00 -Tea Talk Social (GAL)	24 9:15 -Walking for Wellness (Self-Guided) 9:45 -Sharing Words of Encouragement (GAL) 10:30 -Body Stretches (LR) 1:00 -BINGO (GAL) 2:00 -Music with John (LR)	25 9:15 -Walking for Wellness (Self-Guided) 9:45 -Sharing Words of Encouragement (GAL) 1:15  -Resident Outing, Hamrick's ✓ 2:00 -Cook's Corner w/ Chelsea 3:30 -Word Scrabble (GAL)	26 9:15 -Walking for Wellness (Self-Guided) 9:45 -Sharing Words of Encouragement (GAL) 10:00 -Pet Therapy with Brenda 10:30  -Get Fit Exercise Class (LR) 11:00 -Name that '60s tune (LR) 1:00 -BINGO (GAL) 2:30 -September Birthday Celebration (GAL)	27 10:30 -Morning Movement (LR) Self-Guided 1:30 -Activity with a Friend (Self-Guided) 3:00 -Walking for Wellness (Self-Guided)
28 9:00 -Enjoying Nature (Courtyard) 11:00 -Hayes Barton Baptist Church Livestream (LR) 2:30 -Walking for Wellness, Self-Guided	29 9:15 -Walking for Wellness (Self-Guided) 9:45 -Sharing Words of Encouragement (GAL) 10:30 -Zumba with Linda (LR) 1:00 -BINGO (GAL) 3:00  -Charades Game (GAL)	30 9:15 -Walking for Wellness (Self-Guided) 9:45 -Sharing Words of Encouragement (GAL) 10:30  -Select Rehab Workout (LR) 11:00 -Creative Jewelry Class (GAL) 1:30 -Creative Art (GAL) 6:30 -Evening Movie (LR)					



Mary E----- September 1
 Richard D-----September 3
 Robert P-----September 19
 Bill M-----September 23



In Remembrance of 9/11

Described as “a tribute to the past and a place of hope for the future,” the 9/11 Memorial in New York City honors all who lost their lives on Sept. 11, 2001.

Built on the site of the former World Trade Center complex, the memorial’s focal points are two reflecting pools that sit where the north and south towers once stood. Water cascades 30 feet over the pools’ black granite walls, creating massive waterfalls. Inscribed on the bronze railings surrounding each pool are the names of the 2,983 victims of the 9/11 terror attacks and the Feb. 26, 1993, bombing of the World Trade Center.

A park with over 400 trees surrounds the memorial and includes a special symbol of resilience, the Survivor Tree. The damaged pear tree was found during the cleanup at ground zero and rehabilitated.

The memorial was dedicated in 2011, on the 10th anniversary of 9/11. In 2014, the underground 9/11 Memorial Museum opened and displays thousands of artifacts and multimedia exhibits.

Another powerful memorial that commemorates the historic date is New York City’s annual Tribute in Light. From dusk to dawn on Sept. 11, dozens of searchlights are used to create two beams of light that resemble the former twin towers standing within the city’s skyline.



- **Executive Director**
Barbara Riexinger
 - **Assisted Living Director**
Tiffany Utley
 - **Business Office Director**
Caroline Mbithi
 - **Maintenance Director**
Joseph DeWeese
 - **Activities Director**
Adriana (Michelle) Moore
 - **Food Service Director**
Chelsea Jacobs
 - **Sales & Marketing Director**
Virginia (Ginger) Dawson
 - **Resident Care Coordinator**
Angel White
 - **Memory Care Coordinator**
Reshonda Alston
 - **Maintenance Assistant**
Eric Parson
 - **Activity Assistant**
Allanzandrea (Alex) Watkins
 - **Bus Driver**
Randolph (Randy) Fairconeture
- *****

If you would like to speak to one of these Team Members, please contact the front desk at 919-844-9747.

If you would like to email a manager, please use this format: first initial of first name, last name @ tarantinoseniorliving.com (example: briexinger@tarantinoseniorliving.com)

