

THE Falls River Court Lifestyle



FALLS RIVER
ASSISTED LIVING & MEMORY CARE

Like Us!  

MEMORY CARE COMMUNITY

1130 Falls River Avenue • Raleigh, NC 27614 • (919) 805-3113 • www.fallsriverseniorliving.com



Hello From Select Rehabilitation

My name is **Ann O'Neill**, and I'm a **Physical Therapist Assistant** and the **Clinical Lead** for **Select Rehabilitation**, your new therapy provider here in the community. I'm excited to introduce our team and share a bit about the services we now offer right on-site.

Select Rehab provides **Physical, Occupational, and Speech Therapy** to help residents improve mobility, maintain independence, and feel their best. We believe therapy should be effective *and* enjoyable — and we make sure to have plenty of fun along the way, whether it's through engaging activities, motivating sessions, or sharing a few laughs together.

Meet our therapy team:

- **Chris Cuomo, DPT** – Physical Therapy
- **Jim Pearce, SLP** – Speech Therapy
- **Crystal Calingacion Silan, COTA** – Occupational Therapy
- **Heesook (Grace) Ryu, OT** – Occupational Therapy

We're here to support you with personalized care and a positive attitude. Feel free to stop by and say hello — we look forward to working with you!



JULY 2025



Here Comes Ice Cream

Nothing says summer like the tinkling tunes of the neighborhood ice cream truck, instantly making mouths water for a frozen treat.

Ice cream vendors have been peddling cold concoctions on city streets since the 1800s, announcing their presence with bells, harmonicas, barrel organs or their own singing voices.

In the 1920s, motorized trucks began to replace pushcarts and wagons, but drivers still relied on bells to advertise their frosty offerings. Weary of manually clanging the bells all day, some vendors strapped music boxes to their vehicles, blasting out folk songs such as "Turkey in the Straw," "The Entertainer" and "Pop Goes the Weasel."

The music was a marketing success, creating a need for electronic music boxes made for ice cream trucks. As the industry took off in the 1950s, data showed that trucks with music boxes sold twice as much ice cream as those with bells.

Nowadays, ice cream trucks continue to crank out old-fashioned tunes, enticing customers with nostalgia and, of course, tasty treats.

JULY 2025

Transportation News
2025 Updates in
Transportation

Mondays and Fridays—Are Reserved for Emergency Appointments Only

Tuesdays and Wednesdays—Available for doctor visits for Falls River Village and Court Residents **All appointments must be back by 4:30pm for both buildings.**

Thursdays—Reserved for Falls River Village and Court Resident outings Only.

















































NOTE: Please call concierge to schedule all appointments. Thank you, residents and families.

Famous Faces
Born in July

July 2, 1984: Johnny Weir
July 3, 1970: Audra McDonald
July 6, 1979: Kevin Hart
July 10, 1977: Chiwetel Ejiofor
July 18, 1967: Vin Diesel
July 25, 1955: Iman
July 29, 1966: Martina McBride
July 30, 1977: Misty May-Treanor

“You cannot swim for new horizons until you have courage to lose sight of the shore.” —William Faulkner

Activities Subject to Change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:30 -Words of Encouragement (LR) 10:00  -Morning Movement (LR) 10:30 -Enjoying the Outdoors (Courtyard) 11:00 Fun with Jigsaw Puzzles (Activity Room) 2:00 -Ice Cream Social (LR) 3:00  One-on-One Activity Time	2 9:30 -Words of Encouragement (LR) 10:00  -Morning Movement (LR) 11:00  One-on-One Activity Time 1:30 -Creative Art, Straw Painting (Activity Room) 3:00 -Music with John 6:30 -Evening Movie (LR)	3 9:30 -Words of Encouragement (LR) 10:00  -Morning Movement (LR) 11:00  -Picnicking at Pullen Park 1:30 -Relaxing Coloring (Quad B & C) 6:30 -Evening Sitcoms (LR)	Independence Day 4 9:30 -Words of Encouragement (LR) 10:00  -Morning Movement (LR) 11:00 -Jammin’ with Christian (LR) 2:30 -1st Friday Happy Hour Celebrating July 4th (DR)	5 10:00  -Dancing to the Music (LR) 11:00 -Creative Art, Pottery (Activity Room) 2:00 -Picture BINGO (Activity Room) 4:00 -Table Games
6 10:00  -Morning Fitness (LR) 11:00 -Hayes Barton Baptist Church Livestream (LR) 1:30  -Enjoying Music, ’60s style (Quad B & C) 3:00 -Afternoon Movie Matinee (LR)	7 9:30 -Words of Encouragement (LR) 10:00  -Morning Movement (LR) 10:30 -Mindfulness & Meditation (Activity Room) 11:00 -Caring for Flower (Courtyard) 2:00 -Indoor Games (Activity Room) 2:30 -Music with Luke (LR)	8 9:30 -Words of Encouragement (LR) 10:00  -Morning Movement (LR) 11:00  Teaching something New Tuesday (Courtyard) 2:00 -Ice Cream Social (LR) 3:00  One-on-One Activity Time	9 9:30 -Forget Me Not Support Group (Village GAL) 9:30 -Words of Encouragement (LR) 10:00  -Morning Movement (LR) 11:00  One-on-One Activity Time 1:30 -Paint & Pour (Activity Room) 3:00 -Music with John	10 9:30 -Words of Encouragement (LR) 10:00  -Morning Movement (LR) 10:30 -Parachuting Game (Courtyard) 2:30 -Cooking Fun, Art of Baking (DR) 6:30 -Evening Sitcoms (LR)	11 9:30 -Words of Encouragement (LR) 10:00  -Morning Movement (LR) 10:30 -Enjoying the Outdoors (Courtyard) 1:30 -Positives words of Affirmation (Activity Room) 3:00 -Picture BINGO (Activity Room)	12 9:45  -Exploring Nature, Self-Guided (Courtyard) 1:30 --Book Club, Self-Guided Reading (Activity Room) 4:00 -Table Games
13 10:00  -Morning Fitness (LR) 11:00 -Hayes Barton Baptist Church Livestream (LR) 1:30 -Activities with Friends (Quads B & C)) 3:00 -Indoor Ball Toss Game (Activity Room) 6:30 -Evening Sitcoms (Quad B & C)	14 9:30 -Words of Encouragement (LR) 10:00  -Morning Movement (LR) 11:00 -Caring for Flower (Courtyard) 11:15 -Indoor Golf (Activity Room) 1:30 -Creative Art, Making Fans (Activity Room) 2:30 -Popcorn & A Movie (Quad B)	15 9:30 -Words of Encouragement (LR) 10:00  -Morning Movement (LR) 10:30 -Enjoying the Outdoors (Courtyard) 11:00 Fun with Jigsaw Puzzles (Activity Room) 2:00 -Ice Cream Social (LR) 3:00  One-on-One Activity Time	16 9:30 -Words of Encouragement (LR) 10:00  -Morning Movement (LR) 11:00  One-on-One Activity Time 1:30 -Team Hang Man Game (Activity Room) 3:00 -Music with John 6:30 -Evening Movie (LR)	17 9:30 -Words of Encouragement (LR) 10:00  -Morning Movement (LR) 1:30  -NC Farmers Market 3:15  -Movercize with Rich 6:30 -Evening Sitcoms (LR)	18 9:30 -Words of Encouragement (LR) 10:00  -Morning Movement (LR) 10:30 Fishing Game (Courtyard) 1:30 -Book Club (Activity Room) 2:30 -Snack & Chat social (Activity Room)	19 10:00  -Dancing to the Music (LR) 11:00 -Creative Art, Pottery (Activity Room) 2:00 -Picture BINGO (Activity Room) 4:00 -Table Games
20 10:00  -Morning Fitness (LR) 11:00 -Hayes Barton Baptist Church Livestream (LR) 1:30 -Activities with Friends (Quads B & C)) 3:30 -Bean Bag Toss Game (Activity Room)	21 9:30 -Words of Encouragement (LR) 10:00  -Morning Movement (LR) 10:30 -Mindfulness & Meditation (Activity Room) 11:00 -Caring for Flower (Courtyard) 2:00 -Indoor Games (Activity Room)	22 9:30 -Words of Encouragement (LR) 10:00  -Morning Movement (LR) 11:00  Teaching something New Tuesday (Courtyard) 2:00 -Ice Cream Social (LR) 3:00  One-on-One Activity Time	23 9:30 -Words of Encouragement (LR) 10:00  -Morning Movement (LR) 11:00  One-on-One Activity Time 1:30 -Creative Art, Memory Book Designs (Activity Room) 3:00 -Music with John	24 9:30 -Words of Encouragement (LR) 10:00  -Morning Movement (LR) 10:30 --Making Freeze Pops (Activity Room) 11:00 -Enjoying Nature, (Courtyard) 2:00 -Music Exploration (Activity Room) 6:30 -Evening Sitcoms (LR)	25 9:30 -Words of Encouragement (LR) 10:00  -Morning Movement (LR) 10:30 -Name that Elvis Tune (LR) 2:00  -July Birthday Celebration (LR)	26 9:45  -Exploring Nature, Self-Guided (Courtyard) 1:30 --Afternoon Movie (Quad B & C) 4:00 -Table Games
27 9:30  -Enjoying the Outdoors (Courtyard) 10:00  -Morning Fitness (LR) 11:00 -Hayes Barton Baptist Church Livestream (LR) 1:30 -Activities with Friends (Quads B & C)) 3:00 Hallmark Afternoon Movie (LR)	28 9:30 -Words of Encouragement (LR) 10:00  -Morning Movement (LR) 10:30 -Indoor Games, Floor Tic tac toe (LR) 11:00 -Caring for Flower (Courtyard) 2:30 -Healthy Snacks, Making a Parfait (Activity Room)	29 9:30 -Words of Encouragement (LR) 10:00  -Morning Movement (LR) 10:30 -Enjoying the Outdoors (Courtyard) 11:00 Fun with Jigsaw Puzzles (Activity Room) 2:00 -Ice Cream Social (LR) 3:00  One-on-One Activity Time	30 9:30 -Words of Encouragement (LR) 10:00  -Morning Movement (LR) 11:00  One-on-One Activity Time 2:00 -Book Club (Activity Room) 3:00 -Music with John 6:30 -Evening Movie (LR)	31 9:30 -Words of Encouragement (LR) 10:00  -Morning Movement (LR) 11:00 -Coffee Chat (Activity Room) 1:30 -Resident Choice Activity (Activity Room) 6:30 -Evening Sitcoms (LR)		



Happy Birthday
Brenda B-----July 17



- **Executive Director**
Barbara Riexinger
 - **Assisted Living Director**
Tiffany Utley
 - **Business Office Director**
Caroline Mbithi
 - **Maintenance Director**
Joseph DeWeese
 - **Activities Director**
Adriana (Michelle) Moore
 - **Food Service Director**
Chelsea Jacobs
 - **Sales & Marketing Director**
Virginia (Ginger) Dawson
 - **Resident Care Coordinator**
Angel White
 - **Memory Care Coordinator**
ReShonda Alston
 - **Maintenance Assistant**
Eric Parson
 - **Activity Assistant**
Allanzandrea (Alex) Watkins
 - **Bus Driver**
Randolph (Randy) Fairconeture
- *****

If you would like to speak to one of these Team Members, please contact the front desk at 919-844-9747.

If you would like to email a manager, please use this format:
first initial of first name, last name @
tarantinoseniorliving.com
(example: briexinger@tarantinoseniorliving.com)

