


THE Falls River Court Lifestyle



FALLS RIVER
ASSISTED LIVING & MEMORY CARE

Like Us!  

MEMORY CARE COMMUNITY

1130 Falls River Avenue · Raleigh, NC 27614 · (919) 805-3113 · www.fallsriverseniorliving.com

SEPTEMBER 2025



Fire Preparedness

I would like to thank everyone for your participation during our annual fire evacuation drill. We understand that this isn't the most pleasant event, however it helps us know where to improve if there was ever a true emergency and we needed to evacuate.

We are constantly working with our fire suppression team to make sure our system is at its best. Whenever an alarm does go off, please stay where you are so staff can easily give direction on why the alarms are going off. If we need to evacuate the building, please remember to stay calm and staff will be with you as soon as possible to give directions. Please remember to stay calm. Reduced panic during an emergency helps think clearly and make the best decisions as well as reducing chaos, which can increase the risk of accidents and injuries.



Congratulations

Our Reach for the S.T.A.R.S. winners for August:
Falls River Court - Danielle Lewis
Falls River Village - Isha Thompson



Assisted Living Week September 7th - 13th

The theme "Ageless Adventure" emphasizes the vibrant and enriching experiences that assisted living communities offer to their residents. It encourages individuals to embrace discovery, joy and spirit of exploration at any age. This theme highlights the idea that life's adventures continue to evolve, regardless of age, and promotes activities that reflect creativity, connection, and a fearless outlook on aging.

Join us for a fun week of activities with residents and staff.

Join us for our Family Event on Friday, September 12th. The event will be outdoors with music, food, and vintage cars. Invite will be sent via email.

SEPTEMBER
2025

Transportation News
2025 Updates in
Transportation

Mondays and Fridays—Are Reserved for Emergency Appointments Only

Tuesdays and Wednesdays—Available for doctor visits for Falls River Village and Court Residents. **All appointments must be back by 4:30pm for both buildings.**

Thursdays—Reserved for Falls River Village and Court Resident outings Only.

NOTE: Please call concierge to schedule all appointments. Thank you, residents and families.

September’s
Starry Flower

As potted mums hit stores this month, containers of daisy-like asters are often seen displayed with them. September’s birth flower, the aster blooms in late summer through autumn, bringing hues of blue, purple, pink and white to the garden. Aster is the Greek word for star, describing the shape of the flower’s fanned petals.

“Some people look for a beautiful place. Others make a place beautiful.”
—Hazrat Inayat Khan

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div></div>	<div>Labor Day 1</div> <div>9:30 -Words of Encouragement (LR)</div> <div>10:00  Stretch to the Music (LR)</div> <div>10:30 -Word Scrambles (Activity Room)</div> <div>11:00 -Indoor Table Hockey (B Hall)</div> <div>2:00 -Knockem down Game (Activity Room)</div> <div>2:30 -Music with Luke (LR)</div> <div>3:00 -Ping Pong Game (Activity Room)</div>	<div>2</div> <div>9:30 -Words of Encouragement (LR)</div> <div>10:00  Stretch to the Music (LR)</div> <div>10:30  Teaching something New Tuesday (LR)</div> <div>11:00 -Word Scrambles (LR)</div> <div>1:30 -Deal or No Deal (LR)</div> <div>2:00 -Ice Cream Social (LR)</div> <div>3:00  One-on-One Activity Time</div> <div>6:30 Hallmark Evening Movie (B & C Hall)</div>	<div>3</div> <div>9:30 -Words of Encouragement (LR)</div> <div>10:00  Stretch to the Music (LR)</div> <div>11:00 -Indoor Table Hockey (B Hall)</div> <div>1:30 -Paint & Pour (Activity Room)</div> <div>2:30  One-on-One Activity Time</div> <div>3:00 -Music with John</div> <div>3:00 -Ping Pong Game (Activity Room)</div>	<div>4</div> <div>9:30 -Words of Encouragement (LR)</div> <div>10:30  -Select Rehab Workout (LR)</div> <div>11:00  -Nail Spa Day (Activity Room)</div> <div>1:30  -Resident Outing, Raleigh Antique Shop</div> <div>2:30 -Relaxing Coloring (Quad B & C)</div> <div>6:30 -Evening Sitcoms (LR)</div>	<div>5</div> <div>9:30 -Words of Encouragement (LR)</div> <div>10:00  Stretch to the Music (LR)</div> <div>11:00 -Indoor Table Hockey (B Hall)</div> <div>11:00 -Jammin’ with Christian (LR)</div> <div>2:00 -1st Friday Happy Hour Social (LR)</div> <div>3:00 -Ping Pong Game (Activity Room)</div>	<div>6</div> <div>9:45  -Exploring Nature’s Beauty (Courtyard)</div> <div>10:00 -Weekend Workout (LR)</div> <div>11:00 -Bird BINGO (Activity Room)</div> <div>2:30 --Book Club (Activity Room)</div> <div>2:30 -Saturday Movie Matinee (C Hall)</div> <div>4:00 -Table Games</div>
<div>7</div> <div>10:00  -Morning Fitness (LR)</div> <div>11:00 -Hayes Barton Baptist Church Livestream (LR)</div> <div>1:30 -Activities with Friends (B & C Hall))</div> <div>3:00 -Sanford and Son (LR)</div>	<div>8</div> <div>9:30 -Words of Encouragement (LR)</div> <div>10:00  Stretch to the Music (LR)</div> <div>11:00 -Indoor Table Hockey (B Hall)</div> <div>1:30 Creative Art, Puff Painting Designs (Activity Room)</div> <div>2:30 -Indoor Tick Tac Toe (Activity Room)</div> <div>3:00 -Ping Pong Game (Activity Room)</div>	<div>9</div> <div>9:30 -Words of Encouragement (LR)</div> <div>10:00  Stretch to the Music (LR)</div> <div>10:30 -Enjoying the Outdoors (Courtyard)</div> <div>11:00 Fun with Jigsaw Puzzles (Activity Room)</div> <div>1:30 -Enjoying Music ’70s Style (LR)</div> <div>2:00 -Ice Cream Social (LR)</div> <div>3:00  One-on-One Activity Time</div>	<div>10</div> <div>9:30 -Forget Me Not Support Group (Village GAL)</div> <div>9:30 -Words of Encouragement (LR)</div> <div>10:00  Stretch to the Music (LR)</div> <div>11:00 -Indoor Table Hockey (B Hall)</div> <div>2:30  One-on-One Activity Time</div> <div>3:00 -Music with John</div> <div>3:00 -Ping Pong Game (Activity Room)</div> <div>6:30 -Evening Movie (LR)</div>	<div>11</div> <div>9:30 -Words of Encouragement (LR)</div> <div>10:30  -Select Rehab Workout (LR)</div> <div>11:00  -Nail Spa Day (Activity Room)</div> <div>1:30 -A Day in Time Honoring 911 (LR)</div> <div>2:30 -Wildlife BINGO (Activity Room)</div> <div>6:30 -Evening Sitcoms (LR)</div>	<div>12</div> <div>9:30 -Words of Encouragement (LR)</div> <div>10:00  Stretch to the Music (LR)</div> <div>11:00 -Indoor Table Hockey (B Hall)</div> <div>1:30 -Friday Fun Movie (C Hall)</div> <div>3:00 -Ping Pong Game (Activity Room)</div>	<div>13</div> <div>10:00  -Dancing to the Music (LR)</div> <div>11:00 -Creative Art, Coloring (B & C Hall)</div> <div>2:00 Hallmark Movie (B & C Hall)</div> <div>4:00 -Table Games</div>
<div>14</div> <div>10:00  -Morning Fitness (LR)</div> <div>11:00 -Hayes Barton Baptist Church Livestream (LR)</div> <div>1:30 -Activities with Friends (B & C Hall))</div> <div>2:30 -Indoor Ball Toss Game (LR)</div> <div>6:30 -All in the Family sitcom (LR)</div>	<div>15</div> <div>9:30 -Words of Encouragement (LR)</div> <div>10:00  Stretch to the Music (LR)</div> <div>10:30 -Word Scrambles (Activity Room)</div> <div>11:00 -Indoor Table Hockey (B Hall)</div> <div>2:00 -Knockem down Game (Activity Room)</div> <div>3:00 -Ping Pong Game (Activity Room)</div>	<div>16</div> <div>9:30 -Words of Encouragement (LR)</div> <div>10:00  Stretch to the Music (LR)</div> <div>10:30  Teaching something New Tuesday (LR)</div> <div>11:00 -Creative Art, Paint & Pour (Activity Room)</div> <div>1:30 -Indoor Soccer (LR)</div> <div>2:00 -Ice Cream Social (LR)</div> <div>3:00  One-on-One Activity Time</div> <div>6:30 Hallmark Evening Movie (B & C Hall)</div>	<div>17</div> <div>9:30 -Words of Encouragement (LR)</div> <div>10:00  Stretch to the Music (LR)</div> <div>11:00 -Indoor Table Hockey (B Hall)</div> <div>1:30 -Paint & Pour (Activity Room)</div> <div>2:30  One-on-One Activity Time</div> <div>3:00 -Music with John</div> <div>3:00 -Ping Pong Game (Activity Room)</div>	<div>18</div> <div>9:30 -Words of Encouragement (LR)</div> <div>10:30  -Select Rehab Workout (LR)</div> <div>11:00  -Nail Spa Day (Activity Room)</div> <div>11:00  -Resident Outing, Snoopy’s Hot Dogs</div> <div>1:30 -Relaxing Coloring (Quad B & C)</div> <div>2:30 -Word Scramble (LR)</div> <div>3:15  -Movercize with Rich</div> <div>6:30 -Evening Sitcoms (LR)</div>	<div>19</div> <div>9:30 -Words of Encouragement (LR)</div> <div>10:00  Stretch to the Music (LR)</div> <div>10:30 -Coffee & Tea Talk (Activity Room)</div> <div>11:00 -Indoor Table Hockey (B Hall)</div> <div>3:00 -Ping Pong Game (Activity Room)</div>	<div>20</div> <div>9:45  -Exploring Nature’s Beauty (Courtyard)</div> <div>11:00 Resident Round table Talk (Activity Room)</div> <div>1:30 - Remembering the ’60s tunes (LR)</div> <div>2:30 --Book Club (Activity Room)</div> <div>4:00 -Table Games</div>
<div>21</div> <div>10:00  -Morning Fitness (LR)</div> <div>11:00 -Hayes Barton Baptist Church Livestream (LR)</div> <div>1:30 -Activities with Friends (B & C Hall))</div> <div>3:00 -Sanford and Son (LR)</div> <div>4:00 -Relaxing Coloring (Quad C)</div>	<div>22</div> <div>9:30 -Words of Encouragement (LR)</div> <div>10:00  Stretch to the Music (LR)</div> <div>11:00 -Indoor Table Hockey (B Hall)</div> <div>1:30 --Enjoying the Outdoors (Courtyard)</div> <div>2:00 -Nail Spa Day (Activity Room)</div> <div>3:00 -Ping Pong Game (Activity Room)</div>	<div>23</div> <div>9:30 -Words of Encouragement (LR)</div> <div>10:00  Stretch to the Music (LR)</div> <div>10:30 -Enjoying the Outdoors (Courtyard)</div> <div>11:00 Fun with Jigsaw Puzzles (Activity Room)</div> <div>2:00 -Ice Cream Social (LR)</div> <div>3:00  One-on-One Activity Time</div>	<div>24</div> <div>9:30 -Words of Encouragement (LR)</div> <div>10:00  Stretch to the Music (LR)</div> <div>11:00 -Indoor Table Hockey (B Hall)</div> <div>2:30  One-on-One Activity Time</div> <div>3:00 -Music with John</div> <div>3:00 -Ping Pong Game (Activity Room)</div> <div>6:30 -Evening Movie (LR)</div>	<div>25</div> <div>9:30 -Words of Encouragement (LR)</div> <div>10:30  -Select Rehab Workout (LR)</div> <div>11:00 -Indoor Bowling (Activity Room)</div> <div>11:00  -Nail Spa Day (Activity Room)</div> <div>1:30 -A Day in Time Honoring 911 (LR)</div> <div>2:30 -Creative Art, Puff Painting, Patriot Day Designs (Activity Room)</div> <div>6:30 -Evening Sitcoms (LR)</div>	<div>26</div> <div>9:30 -Words of Encouragement (LR)</div> <div>10:00  Stretch to the Music (LR)</div> <div>11:00 -Indoor Table Hockey (B Hall)</div> <div>2:00  -September Birthday Celebration (LR)</div> <div>3:00 -Ping Pong Game (Activity Room)</div>	<div>27</div> <div>10:00  -Dancing to the Music (LR)</div> <div>11:00 -Creative Art, Coloring (B & C Hall)</div> <div>1:30 -Indoor Ball Toss Game (LR)</div> <div>2:00 Hallmark Movie (B & C Hall)</div> <div>4:00 -Table Games</div>
<div>28</div> <div>10:00  -Morning Fitness (LR)</div> <div>11:00 -Hayes Barton Baptist Church Livestream (LR)</div> <div>1:30 -Activities with Friends (B & C Hall))</div> <div>2:30 -Indoor Ball Toss Game (LR)</div>	<div>29</div> <div>9:30 -Words of Encouragement (LR)</div> <div>10:00  Stretch to the Music (LR)</div> <div>10:30 -Word Scrambles (Activity Room)</div> <div>11:00 -Indoor Table Hockey (B Hall)</div> <div>1:30 -Resident Round Table Talk (Activity Room)</div> <div>2:00 -Knockem down Game (Activity Room)</div> <div>3:00 -Ping Pong Game (Activity Room)</div>	<div>30</div> <div>9:30 -Words of Encouragement (LR)</div> <div>10:00  Stretch to the Music (LR)</div> <div>10:30  Teaching something New Tuesday (LR)</div> <div>2:00 -Ice Cream Social (LR)</div> <div>3:00  One-on-One Activity Time</div> <div>6:30 Hallmark Evening Movie (B & C Hall)</div>	<div></div>		<div></div>	



Jennifer B -----September 3
 Martha L -----September 3
 Dorothy T -----September 3
 Sally W -----September 19



In Remembrance of 9/11

Described as “a tribute to the past and a place of hope for the future,” the 9/11 Memorial in New York City honors all who lost their lives on Sept. 11, 2001.

Built on the site of the former World Trade Center complex, the memorial’s focal points are two reflecting pools that sit where the north and south towers once stood. Water cascades 30 feet over the pools’ black granite walls, creating massive waterfalls. Inscribed on the bronze railings surrounding each pool are the names of the 2,983 victims of the 9/11 terror attacks and the Feb. 26, 1993, bombing of the World Trade Center.

A park with over 400 trees surrounds the memorial and includes a special symbol of resilience, the Survivor Tree. The damaged pear tree was found during the cleanup at ground zero and rehabilitated.

The memorial was dedicated in 2011, on the 10th anniversary of 9/11. In 2014, the underground 9/11 Memorial Museum opened and displays thousands of artifacts and multimedia exhibits.

Another powerful memorial that commemorates the historic date is New York City’s annual Tribute in Light. From dusk to dawn on Sept. 11, dozens of searchlights are used to create two beams of light that resemble the former twin towers standing within the city’s skyline.



- **Executive Director**
Barbara Riexinger
 - **Assisted Living Director**
Tiffany Utley
 - **Business Office Director**
Caroline Mbithi
 - **Maintenance Director**
Joseph DeWeese
 - **Activities Director**
Adriana (Michelle) Moore
 - **Food Service Director**
Chelsea Jacobs
 - **Sales & Marketing Director**
Virginia (Ginger) Dawson
 - **Resident Care Coordinator**
Angel White
 - **Memory Care Coordinator**
ReShonda Alston
 - **Maintenance Assistant**
Eric Parson
 - **Activity Assistant**
Allanzandrea (Alex) Watkins
 - **Bus Driver**
Randolph (Randy) Fairconeture
- *****

If you would like to speak to one of these Team Members, please contact the front desk at 919-844-9747.

If you would like to email a manager, please use this format:
 first initial of first name, last name @
 tarantinoseniorliving.com
 (example: briexinger@tarantinoseniorliving.com)

