

THE Falls River Court Lifestyle



FALLS RIVER
ASSISTED LIVING & MEMORY CARE

Like Us!  

MEMORY CARE COMMUNITY

1130 Falls River Avenue • Raleigh, NC 27614 • (919) 805-3113 • www.fallsriverseniorliving.com

Thank You

We at Falls River Court want to thank you for being a part of our Ageless Adventure, Assisted Living Week. We had a blast during the week from twin day on Monday to our family fun day on Friday. We have plenty of pictures from the week on our Facebook page. Please visit and join us on Facebook @FallsRiverAssistedLivingandMemoryCare where you can see what an amazing week we had together. We thank everyone for making this event a huge success; we appreciate you!



OCTOBER 2025



Health Check

'Tis the season again, **flu season**. Did you know that adults aged 65 and older account for the highest rates of influenza related hospitalizations, complications, and mortalities? In the 2023-2024 flu season of 27,965 deaths, 19,038 were among those 65 and older. Proper hand hygiene and respiratory etiquette reduce transmission. Annual influenza vaccinations are always the first line of defense and recommended. Depending on a person's age, a higher dose may be required. Remember if you're not feeling well, it is essential to not visit those in healthcare settings. To locate nearby flu shot providers, use the CDC Vaccine Finder tool.



OCTOBER 2025

Transportation News
2025 Updates in
Transportation
Mondays and Fridays—Are **Reserved** for Emergency Appointments Only
Tuesdays and Wednesdays—Open for appointments visits for Falls River Village and Court Residents. Please note availability is on a first come first serve basis.
All appointments must be back by 4:15pm
Thursdays—Reserved for Falls River Village and Court Resident outings Only.
NOTE: Please call concierge to schedule all appointments. Thank you, residents and families.

Legendary Lucy
Premiering Oct. 15, 1951, “I Love Lucy” became one of the most beloved television comedies of all time. Among fan favorite episodes are “Lucy Does a TV Commercial,” in which Lucy attempts to promote a product called “Vitameatavegamin,” and “Job Switching,” in which she and her best pal, Ethel, take jobs in a candy factory.

“To me, every hour of the day and night is an unspeakably perfect miracle.”
—Walt Whitman

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 5 10:00  -Morning Fitness (LR) 11:00 -Hayes Barton Baptist Church Livestream (LR) 1:30 -Activities with Friends (B & C Hall) 3:00 Afternoon Sitcom, Lavern & Shirley (LR)	6 9:30 -Words of Encouragement (LR) 10:00  Moving to the Music (LR) 11:00 -Indoor Table Hockey (B Hall) 2:30 -Music with Luke (LR) 3:15 -Book Club (Activity Room)	 7 9:30 -Words of Encouragement (LR) 10:00  Moving to the Music (LR) 10:30 -Enjoying the Outdoors (Courtyard) 11:00 Making October Crafts (Activity Room) 2:00 -Ice Cream Social (LR) 3:00  One-on-One Activity Time	1 9:30 -Words of Encouragement (LR) 10:00  Moving to the Music (LR) 11:00 -Indoor Table Hockey (B Hall) 1:30  -Creative Art, Autumn Designs (Activity Room) 2:30  One-on-One Activity Time 3:00 -Music with John 8 9:30 -Forget Me Not Support Group (Village GAL) 9:30 -Words of Encouragement (LR) 10:00  Moving to the Music (LR) 11:00 -Indoor Table Hockey (B Hall) 2:30  One-on-One Activity Time 3:00 -Music with John 6:30 Hallmark Evening Movie (LR)	2 9:30 -Words of Encouragement (LR) 10:30  -Select Rehab Workout (LR) 1:30  -Resident Outing, Pumpkin Picking, Grasshopper Farm (Knightdale, NC) 3:00  -Nail Spa Day (Activity Room) 3:00 -The Art of Color (B & C Hall) 6:30 -Evening Sitcoms (LR) 9 9:30 -Words of Encouragement (LR) 10:30  -Select Rehab Workout (LR) 1:30 -Music Appreciation (Activity Room) 3:00 --Tea Talk (Activity Room) 3:00  -Nail Spa Day (Activity Room) 6:30 -Evening Sitcoms (LR)	3 9:30 -Words of Encouragement (LR) 10:00  Moving to the Music (LR) 11:00 -Indoor Table Hockey (B Hall) 11:00 -Jammin’ with Christian (LR) 2:00 -1st Friday Happy Hour Social (LR) 3:00 -Art Therapy Class (Activity Room) 10 9:30 -Words of Encouragement (LR) 10:00  Moving to the Music (LR) 11:00 -Indoor Table Hockey (B Hall)	4 9:45  -Exploring Nature’s Beauty (Courtyard) 11:00 -Wildlife BINGO (Activity Room) 2:30 --Book Club (Activity Room) 4:00 -Table Games 11 10:00  -Dancing to the Music (LR) 11:00 -Creative Art, Coloring (B & C Hall) 2:00 Hallmark Movie (B & C Hall) 4:00 -Table Games
12 10:00  -Morning Fitness (LR) 11:00 -Hayes Barton Baptist Church Livestream (LR) 1:30 -Activities with Friends (B & C Hall)	13 Columbus Day 9:30 -Words of Encouragement (LR) 10:00  Moving to the Music (LR) 10:30 -Word Scrambles (Activity Room) 11:00 -Indoor Table Hockey (B Hall) 2:00 -Knockem down Game (Activity Room) 3:00 -Art Therapy Class (Activity Room)	14 9:30 -Words of Encouragement (LR) 10:00  Moving to the Music (LR) 10:30  Teaching something New Tuesday (LR) 2:00 -Ice Cream Social (LR) 3:00  One-on-One Activity Time 6:30 Hallmark Evening Movie (B & C Hall)	15 9:30 -Words of Encouragement (LR) 10:00  Moving to the Music (LR) 11:00 -Indoor Table Hockey (B Hall) 1:30 -Paint & Pour (Activity Room) 2:30  One-on-One Activity Time 3:00 -Music with John	16 9:30 -Words of Encouragement (LR) 10:30  -Select Rehab Workout (LR) 11:30  -Resident Outing, Snoopy’s Hot Dogs (Raleigh NC) 2:30  -Nail Spa Day (Activity Room) 3:15  -Movercize with Rich 6:30 -Evening Movie (B & C Hall)	17 9:30 -Words of Encouragement (LR) 10:00  Moving to the Music (LR) 11:00 -Indoor Table Hockey (B Hall) 3:00 -Art Therapy Class (Activity Room)	18 9:45  -Exploring Nature’s Beauty (Courtyard) 2:30 --Book Club (Activity Room) 4:00 -Table Games
19 10:00  -Morning Fitness (LR) 11:00 -Hayes Barton Baptist Church Livestream (LR) 1:30 -Activities with Friends (B & C Hall) 3:00 Afternoon Sitcom, Lavern & Shirley (LR)	20 9:30 -Words of Encouragement (LR) 10:00  Moving to the Music (LR) 11:00 -Indoor Table Hockey (B Hall) 1:30 --Pumpkin Carving Class (Activity Room) 2:30  --Snack & A Movie Matinee (C Hall)	21 9:30 -Words of Encouragement (LR) 10:00  Moving to the Music (LR) 10:30 -Enjoying the Outdoors (Courtyard) 11:00 Fun with Jigsaw Puzzles (Activity Room) 2:00 -Ice Cream Social (LR) 3:00  One-on-One Activity Time	22 9:30 -Words of Encouragement (LR) 10:00  Moving to the Music (LR) 11:00 -Indoor Table Hockey (B Hall) 2:30  One-on-One Activity Time 3:00 -Music with John 6:30 Hallmark Evening Movie (LR)	23 9:30 -Words of Encouragement (LR) 10:30  -Select Rehab Workout (LR) 1:30 -Word Scramble Game (LR) 3:00  -Enjoying Music Outdoors (Courtyard) 6:30 -Evening Sitcoms (LR)	24 9:30 -Words of Encouragement (LR) 10:00  Moving to the Music (LR) 10:30 -Word Scramble (LR) 11:00 -Indoor Table Hockey (B Hall) 2:00  -October Birthday Celebration (LR)	25 10:00  -Dancing to the Music (LR) 11:00 -Creative Art, Coloring (B & C Hall) 2:00 Hallmark Movie (B & C Hall) 4:00 -Table Games
26 10:00  -Morning Fitness (LR) 11:00 -Hayes Barton Baptist Church Livestream (LR) 12:00  -Enjoying Nature (Courtyard) 1:30 -Activities with Friends (B & C Hall)	27 9:30 -Words of Encouragement (LR) 10:00  Moving to the Music (LR) 10:30 -Word Scrambles (Activity Room) 11:00 -Indoor Table Hockey (B Hall) 2:00 -Knockem down Game (Activity Room) 3:00 -Art Therapy Class (Activity Room)	28 9:30 -Words of Encouragement (LR) 10:00  Moving to the Music (LR) 10:30  Teaching something New Tuesday (LR) 2:00 -Ice Cream Social (LR) 3:00  One-on-One Activity Time 6:30 Hallmark Evening Movie (B & C Hall)	29 9:30 -Words of Encouragement (LR) 10:00  Moving to the Music (LR) 11:00 -Indoor Table Hockey (B Hall) 1:30 -Paint & Pour (Activity Room) 2:30  One-on-One Activity Time 3:00 -Music with John	30 9:30 -Words of Encouragement (LR) 10:30  -Select Rehab Workout (LR) 11:00 --Making Halloween Crafts (Activity Room) 3:00  -Nail Spa Day (Activity Room) 6:30 -Evening Sitcoms (LR)	31 9:30 -Words of Encouragement (LR) 10:00  Moving to the Music (LR) 11:00 -Indoor Table Hockey (B Hall) 2:00  -October Birthday Celebration (LR) 3:00  -Community Trunk or Treat Event (Falls River Village Parking Lot)	



Edward "Bo" Bowman-----October 10
Annette Cherry-----October 30



Think Pink

October is Breast Cancer Awareness Month, and the National Football League shows its commitment to the cause through the campaign "A Crucial Catch," which focuses on the importance of regular breast cancer screenings. During October, NFL players, coaches and referees wear pink caps, shoes, socks and other apparel. Much of the game-worn apparel is auctioned off online, with proceeds benefiting American Cancer Society programs.



- **Executive Director**
Barbara Riexinger
 - **Assisted Living Director**
Tiffany Utley
 - **Business Office Director**
Caroline Mbithi
 - **Maintenance Director**
Joseph DeWeese
 - **Activities Director**
Adriana (Michelle) Moore
 - **Food Service Director**
Chelsea Jacobs
 - **Sales & Marketing Director**
Virginia (Ginger) Dawson
 - **Resident Care Coordinator**
Angel White
 - **Memory Care Coordinator**
ReShonda Alston
 - **Maintenance Assistant**
Eric Parson
 - **Activity Assistant**
Allanzandrea (Alex) Watkins
 - **Bus Driver**
Randolph (Randy) Fairconeture
- *****

If you would like to speak to one of these Team Members, please contact the front desk at 919-844-9747.

If you would like to email a manager, please use this format: first initial of first name, last name @ tarantinoseniorliving.com (example: briexinger@tarantinoseniorliving.com)

